

HYTHE BAY CHILDREN'S CENTRE NURSERY  
 Summer Menu  
 Week 1



	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Breakfast: Cereals, toast, yoghurt or fruit with milk, juice or water					
Morning Snack Examples: fruit, salad, vegetables, cheese, soft cheese, breadsticks, crackers and/or humus with milk or water					
Lunch	Spaghetti & Quorn Bolognese	Chicken Curry, Rice & Poppadum	Vegetable Quiche, New Potatoes & Baked Beans	Sausage, Mashed Potato & Peas	Tuna Pasta Bake & Vegetables
Pudding	Ice Cream	Banana & Custard	Homemade Cake	Chocolate Mousse	Natural Yoghurt & Fruit
Afternoon Snack Examples: fruit, salad, vegetables, cheese, soft cheese, breadsticks, crackers and/or humus with milk or water					
Light Tea	Beans on Toast	Spaghetti on Toast	Wraps & Salad (Babies – Jacket Potato)	Sandwiches Selection	Pizza Muffins (Babies - Tomato Soup)

\*Please note, the food provided might differ to this menu in special circumstances, such as festivals and holidays, or our cook being off work. \*

\*Alternative meals are provided for children with dietary needs and allergies. Please speak to staff for more information\*

HYTHE BAY CHILDREN'S CENTRE NURSERY  
 Summer Menu  
 Week 2



	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Breakfast: Cereals, toast, yoghurt or fruit with milk, juice or water					
Morning Snack Examples: fruit, salad, vegetables, cheese, soft cheese, breadsticks, crackers and/or humus with milk or water					
Lunch	Jacket Potato with Beans, Tuna & Cheese	Pork Ratatouille & New Potatoes	Fish Pie & Vegetables	Chicken Pie & Vegetables	Macaroni Cheese & Vegetables
Pudding	Yoghurt	Natural Yoghurt & Fruit	Ice Cream	Chocolate Mousse	Fruit Salad
Afternoon Snack Examples: fruit, salad, vegetables, cheese, soft cheese, breadsticks, crackers and/or humus with milk or water					
Light Tea	Wraps (Babies – fish fingers & veg)	Scrambled Egg on Toast	Soup & Bread Rolls	Baked Beans on Toast	Sausage Roll & Spaghetti or Beans

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HYTHE BAY CHILDREN'S CENTRE NURSERY  
 Summer Menu  
 Week 3



	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Breakfast: Cereals, toast, yoghurt or fruit with milk, juice or water					
Morning Snack Examples: fruit, salad, vegetables, cheese, soft cheese, breadsticks, crackers and/or humus with milk or water					
Lunch	Spaghetti & Meatballs	Jacket Potato with Tuna, Cheese & Beans	Vegetable Pasta in a Tomato Sauce	Breaded Fish, Mashed Potato & Vegetables	Roast Chicken, Vegetables & Roast Potatoes
Pudding	Yoghurt	Mousse	Ice Cream	Homemade Cake	Homemade Cheesecake
Afternoon Snack Examples: fruit, salad, vegetables, cheese, soft cheese, breadsticks, crackers and/or humus with milk or water					
Light Tea	Beans on Toast	Veggie Fingers & Spaghetti Hoops	Scrambled Egg on Toast	Soup & Bread Rolls	Pizza Muffins (Babies – Spaghetti on Toast)

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# HYTHE BAY CHILDREN'S CENTRE NURSERY

## Winter Menu

Week 1



	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Breakfast: Cereals, toast, yoghurt or fruit with milk, juice or water					
Morning Snack Examples: fruit, salad, vegetables, cheese, soft cheese, breadsticks, crackers and/or humus with milk or water					
Lunch	Macaroni Cheese & Vegetables	Cottage Pie & Vegetables	Sausage, Mashed Potato & Vegetables	Vegetable Curry, Rice & Poppadum	Roast Chicken & Vegetables
Pudding	Natural Yoghurt & Fruit	Bananas & Custard	Homemade Cake	Homemade Cake	Ice Cream
Afternoon Snack Examples: fruit, salad, vegetables, cheese, soft cheese, breadsticks, crackers and/or humus with milk or water					
Light Tea	Beans on Toast	Fish Fingers & Vegetables	Soup & Baguette	Crumpets with Marmite or Jam	Pizza Muffins (Babies – Spaghetti Hoops & Toast)

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# HYTHE BAY CHILDREN'S CENTRE NURSERY

## Winter Menu

### Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: Cereals, toast, yoghurt or fruit with milk, juice or water					
Morning Snack Examples: fruit, salad, vegetables, cheese, soft cheese, breadsticks, crackers and/or humus with milk or water					
Lunch	Chicken Curry, Rice & Poppadum	Pork Ratatouille	Macaroni Cheese & Salad	Sweet & Sour Chicken & Noodles	Lasagne & Salad
Pudding	Banana & Custard	Homemade Cheesecake	Yoghurt	Homemade Cake	Fruit Salad
Afternoon Snack Examples: fruit, salad, vegetables, cheese, soft cheese, breadsticks, crackers and/or humus with milk or water					
Light Tea	Scrambled Egg on Toast	Soup & Baguette	Beans on Toast	Toast with Jam or Marmite	Pizza Muffins (Babies Spaghetti Hoops & Toast)

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	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Breakfast: Cereals, toast, yoghurt or fruit with milk, juice or water					
Morning Snack Examples: fruit, salad, vegetables, cheese, soft cheese, breadsticks, crackers and/or humus with milk or water					
Lunch	Quorn Spaghetti Bolognaise	Chicken Curry, Rice & Poppadum	Fish Pie & Vegetables	Quorn Chilli & Rice	Pasta, Meatballs & Vegetable Sauce
Pudding	Ice Cream	Chocolate Angel Delight	Homemade Cake	Homemade Apple Crumble	Fruit Salad or Yoghurt
Afternoon Snack Examples: fruit, salad, vegetables, cheese, soft cheese, breadsticks, crackers and/or humus with milk or water					
Light Tea	Beans on Toast	Veggie Fingers & Veggie Hoops	Selection of Sandwiches	Soup & Baguettes	Sausage Roll & Beans

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Dear Parents/ Carers

Here is a copy of our nursery menus.

We encourage children to self-serve at nursery, to help them develop their motor skills and learn portion sizes. We provide children with breakfast, snack, lunch, snack, and a light tea. Our light tea (served after 4pm) is a smaller meal than our cooked lunch.

We value your feedback, so please let us know if you have any queries or recommendations. You can do so in person, via email ([vdumont@hythebay.kent.sch.uk](mailto:vdumont@hythebay.kent.sch.uk)) or by using the parents suggestion box by the nursery entrances.

Thank you

Vicki Dumont  
Nursery Manager

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