## Hythe Bay Nursery's

# Colourful Fundraising & Well-being Week 2021

#### Monday 18th January:

We'll turn 'Blue Monday' into **Rainbow Day!**Wear as many different colours as you can!



Pick a Primary Colour: Red, Blue or Yellow?



Wednesday 20th January:

On Wednesday we'll wear Pink!



Thursday 21st January:

Pick a secondary colour: Green, Orange or Purple?



Wear your Favourite Colour!



Throughout this week, we'll have activities which focus on identifying and regulating our emotions; including yoga, dance, sensory play, mindfulness colouring, painting and listening to classical music.

We'll be collecting unused Christmas presents for food banks and a raffle.

We'll also have collection pots available for donations for our charity:

Hythe Bay Children's Centre CIO ('Hythe Bay Nursery & Out of School

Clubs') - Registered Charity Number 1175752

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