Hythe Bay Children’s Centre Nursery Menu

Week 2

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Cereals with milk or water (contains wheat and milk) | | | | |
| Morning Snack | Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water (contains wheat and milk) | | | | |
| Lunch | Chilli & rice | Sausage & mash  (contains wheat) | Vegetable Pasta with Tomato Sauce (contains wheat, milk) | Chicken stew & mash, vegetables | Macaroni cheese& vegetables (contains wheat, milk) |
| Dessert | Ice cream (contains milk) | No Added Sugar Mousse (contains milk) | Sugar free jelly | Cheesecake (contains wheat, milk) | Yoghurt  (contains milk) |
| Afternoon Snack | Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water (contains milk, wheat) | | | | |
| Light Tea | Rolls Selection with Crudities (contains egg, milk, wheat) | Toast with spread, Jam, Marmite or Honey and Fruit (contains wheat) | Wraps (contains wheat, egg, milk) | Spaghetti hoops on toast (contains wheat) | Pita selection with Crudities (contains wheat, milk, egg) |

\*Please note, the food provided might differ to this menu in special circumstances, such as festivals and holidays, or our cook being off work

\*Alternative meals may be provided for children with dietary requirements (such as vegan) or allergies. Please speak to staff for more information.

Hythe Bay Children’s Centre Nursery Menu

Week 3

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Cereals with milk or water (contains milk, wheat) | | | | |
| Morning Snack | Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water (contains wheat, milk) | | | | |
| Lunch | Spaghetti bolognaise (contains wheat, milk) | Fish fingers and mash  (contains fish, egg, wheat) | Curry & rice | Jacket potatoes (contains wheat, milk egg) | Pasta with vegetable sauce (contains wheat) |
| Dessert | Yoghurt (contains milk) | Sugar free jelly | Homemade cake  (Contains egg, wheat, milk) | No Added Sugar Mousse (contains milk) | Ice cream (contains milk) |
| Afternoon Snack | Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water (contains milk, wheat) | | | | |
| Light Tea | Sandwich Selection with Crudities (contains milk, wheat, egg) | Baked Beans on Toast (contains wheat) | Rolls Selection with Crudities (contains egg, milk, wheat) | Crumpets with spread, Jam, Marmite or Honey and Fruit (contains wheat) | Wraps (contains wheat, egg, milk) |

\*Please note, the food provided might differ to this menu in special circumstances, such as festivals and holidays, or our cook being off work

\*Alternative meals may be provided for children with dietary requirements (such as vegan) or allergies. Please speak to staff for more information.

Hythe Bay Children’s Centre Nursery Menu

Week 1

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Cereals with milk or water (contains wheat, milk) | | | | |
| Morning Snack | Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water (contains wheat, milk) | | | | |
| Lunch | Spaghetti & Meatballs (contains wheat and milk) | Fish Fingers, Mashed Potato & Beans (contains fish, wheat, egg) | Chicken curry & rice | Pasta with vegetable sauce  (contains wheat, milk) | Jacket potatoes (contains wheat, milk egg) |
| Dessert | Yoghurt  (contains milk) | Homemade Cake (contains egg, milk, wheat) | No Added Sugar Mousse (contains milk) | Sugar free jelly | Ice cream  (contains milk) |
| Afternoon Snack | Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water | | | | |
| Light Tea | Pita selection with Crudities (contains wheat, milk, egg) | Baked Beans on Toast (contains wheat) | Wraps (contains wheat, egg, milk) | Crumpets with spread, Jam, Marmite or Honey and Fruit (contains wheat) | Sandwich Selection with Crudities (contains milk, wheat, egg) |

\*Please note, the food provided might differ to this menu in special circumstances, such as festivals and holidays, or our cook being off work

\*Alternative meals may be provided for children with dietary requirements (such as vegan) or allergies. Please speak to staff for more information.